

The Third Hour

Pr: Blessed is our God, always, now and ever, and forever.

R: Amen.

Glory be to You, our God, glory to You!

Heavenly King, Comforter, Spirit of Truth, Who are everywhere present and fill all things, Treasury of Blessings and Giver of Life, come and dwell within us, cleanse us of all stain, and save our souls, O gracious Lord.

Holy God, Holy and Mighty, Holy and Immortal, have mercy on us. *(Three times)*

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

O most Holy Trinity, have mercy on us; O Lord, cleanse us of our sins; O Master, forgive our transgressions; O Holy One, come to us and heal our infirmities for your name's sake.

Lord, have mercy. *(Three times)*

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

Our Father Who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Pr: For Thine is the kingdom, and the power, and the glory, Father, Son, and Holy Spirit, now and ever, and forever.

R: Amen.

Lord, have mercy. *(Twelve times)*.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

+Come, let us adore the King, our God.

+Come, let us adore Christ, the King and our God.

+Come, let us adore and bow down to the only Lord Jesus Christ, the King and our God.

[SIT] **Psalm 16**

Lord, hear a cause that is just,
pay heed to my cry.

Turn your ear to my prayer:
no deceit is on my lips.

From You may my judgment come forth.
Your eyes discern the truth.

You search my heart, you visit me by night.
You test me and you find in me no wrong.

My words are not sinful as are men's words.
I kept from violence because of your word,

I kept my feet firmly in your paths;
there was no faltering in my steps.

I am here and I call, you will hear me, O God.
Turn your ear to me; hear my words.

Display your great love, you whose right hands saves
your friends from those who rebel against them.

Guard me as the apple of your eye.
Hide me in the shadow of your wings

from the violent attack of the wicked.
My foes encircle me with deadly intent.

Their hearts tight shut, their mouths speak proudly.
They advance against me, and now they surround me.

Their eyes are watching to strike me to the ground
as though they were lions ready to claw

or like some lion crouched in hiding.

Lord, arise, confront them, strike them down!

Let your sword rescue my soul from the wicked;
let your hand, O Lord, rescue me from men,
from men whose reward is in this present life.
You give them their fill of your treasures;
they rejoice in abundance of offspring
and leave their wealth to their children.
As for me, in my justice I shall see your face
and be filled, when I awake, with the sight
of your glory.

Psalm 24

To You, O Lord, I lift up my soul.
I trust you, let me not be disappointed,
do not let my enemies triumph.
Those who hope in you shall not be disappointed,
but only those who wantonly break faith.
Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my Saviour.
In you I hope all day long
because of your goodness, O Lord.
Remember your mercy, Lord,
and the love you have shown from of old.
Do not remember the sins of my youth.
In your love remember me.
The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path;
He teaches his way to the poor.
His ways are faithfulness and love
for those who keep his covenant and will.
Lord, for the sake of your name
forgive my guilt; for it is great.
If anyone fears the Lord
He will show him the path he should choose.
His soul shall live in happiness

and his children shall possess the land.
The Lord's friendship is for those who revere him;
to them he reveals his covenant.
My eyes are always on the Lord;
for he rescues my feet from the snare.
Turn to me and have mercy
for I am lonely and poor.
Relieve the anguish of my heart
and set me free from my distress.
See my affliction and my toil
and take all my sins away.
See how many are my foes;
how violent their hatred for me.
Preserve my life and rescue me.
Do not disappoint me, you are my refuge.
May innocence and uprightness protect me:
for my hope is in you, O Lord.
Redeem Israel, O God,
from all its distress.

Psalm 50

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin.
My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.
That you may be justified when you give sentence
and be without reproach when you judge
O see, in guilt I was born,
a sinner was I conceived.
Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,
that the bones you have crushed may thrill.
From my sins turn away your face
and blot out all my guilt.
A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.
Give me again the joy of your help;
with a spirit of fervor sustain me,
that I may teach transgressors your ways
and sinners may return to you.
O rescue me, God, my helper,
and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.
For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.
In your goodness, show favour to Zion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
(burnt offerings wholly consumed),
then you will be offered young bulls on your altar.

[STAND]

Glory be to the Father, and to the Son, and to the Holy Spirit,
now and ever, and forever. Amen.
+Alleluia, alleluia, alleluia. Glory to You, O God.
(Three times)

Lord, have mercy. (Three times.)

(The tropar of the weekday, the saint or the feast is sung.
In the Paschal season, the tropar of the Sunday.)

Glory be to the Father, and to the Son and to the Holy Spirit:

[TROPAR}

Theotokion of the First Hour

Now and ever, and forever. Amen.

O Mother of God, / you are the True Vine who gave
birth to the Fruit of Life:/ wherefore, we implore you, O Lady,/
to intercede together with the apostles and all the saints/ that
we may obtain mercy for our souls.

Blessed be the Lord God! May the Lord be blessed
day after day. He bears our burdens, God our Savior. This
God of ours is a God who saves.

Holy God, Holy and Mighty, Holy and Immortal, have mercy
on us. (Three times)

Glory be to the Father, and to the Son, and to the Holy
Spirit, now and ever, and forever. Amen.

O Most Holy Trinity, have mercy on us; O Lord, cleanse
us of our sins; O Master, forgive our transgressions; O Holy One,
come to us and heal our infirmities for your name's sake.
---Lord, have mercy. (Three times)

Glory be to the Father, and to the Son, and to the Holy
Spirit, now and ever, and forever. Amen

Our Father Who art in heaven, hallowed be Thy name.
Thy kingdom come, Thy will be done on earth as it is in
heaven. Give us this day our daily bread, and forgive us our
trespasses as we forgive those who trespass against us, and
lead us not into temptation, but deliver us from evil.

Pr: For Thine is the kingdom....

R: Amen.

*(The kontakion of the weekday, the saint or feast is sung.
In the Paschal season, the kontakion of the Sunday.)*

Lord, have mercy. *(Forty times)*

Pr: O good God, in all times and in all places You are worshipped and glorified both in heaven and on earth. You are long-suffering and most-merciful. You love the just and show mercy to the sinner, calling all to salvation through the promise of blessings to come. At this very hour, O Lord, receive our supplications and direct our lives in the path of Your commandments. Sanctify our souls; purify our bodies; set right our minds; cleanse our thoughts; deliver us from all affliction, evil and illness; surround us with Your holy angels so that, guided and guarded in their camp, we may attain oneness of faith and the knowledge of Your unapproachable glory for You are blessed forever and ever.

Amen.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen.

More honorable than the cherubim / and beyond compare more glorious than the seraphim; / who a virgin gave birth to God the Word, / you truly the Mother of God we magnify.

During the Paschal season: Shine in splendor, O New Jerusalem! / For the glory of the Lord is risen upon you, O Sion. / Sing with joy and rejoice! / And you pure Mother of God / rejoice in the resurrection of your Son.

Give the blessing, Father, in the name of the Lord.

Pr: May God be merciful to us and bless us; may He cause His countenance to shine upon us and have mercy on us.

Amen.

Prayer to the Holy Trinity of Saint Madarius

Pr: O God our Master, Almighty Father; Only-begotten Son, Lord Jesus Christ; and You, O Holy Spirit, One God and One Might, have mercy on me a sinner and save me, Your unworthy servant, according to the ways of Your wisdom. For You are blessed forever and ever. Amen.

Pr: Glory be to You, O Christ our God our hope, glory be to You!

R: Glory be to the Father, and to the Son, and to the Holy Spirit, now and ever, and forever. Amen. Lord, have mercy. (3)
---Give the blessing!

PR: May Christ our true God have mercy on us and save us, through the prayers of His most pure Mother, of our venerable and God-bearing fathers, and of all the saints, for He is gracious and loves mankind.

R: Amen.